DELICIOUS APPLE CAKE : Judy Woollett

225g cooking applies peeled, cored and chopped  
225 g sultanas (or I use whatever is in the cupboard - at the moment its mixed fruit)  
150g milk  
175g soft brown sugar  
350g self-raising flour  
2 level teaspoons mixed spice  
175 g butter or marg  
1 egg size 2 beaten  
25 g demerara sugar  
  
Mix together the applies, sultanas, milk and sugar and put to one side.  Sieve together the flour and spice and rub in the butter.   Add the fruit mixture and egg and mix well.  Place in a buttered and lined 8" cake tin and sprinkle with the demerara sugar.   Cook at 150c in a fan oven - the recipe says for one and three quarters of an hour but I find about an hour and a quarter adequate.